



FESTIVAL MAP KEY
19 - 22 March 2026
Glenaroua

- ATM
- Information Tent
- Gravel Paths
- Gravel Roads
- Directional Arrows
- Toilets
- Water Tap
- Shower Trucks
- First Aid
- Workshop Space
- Camping Grounds
- Festival (Pedestrians only)
- Non-Festival Zone
- Parking
- Accessible Shower & Toilet
- Food or Drink Stall
- Market Stall
- Emergency Assembly
- Lake (No Swimming)



FESTIVAL PROGRAM THURSDAY 19TH MARCH

Time	CHAI VILLAGE	EARTH SPACE	FIRE SPACE	HEART SPACE	SPIRIT SPACE	WATER SPACE	WIND SPACE	WOMENS CIRCLES	Time
2:00 pm				Welcome To Country & Smoking Ceremony & Dance 2:00pm - 3:00pm					2:00 pm
2:30 pm									2:30 pm
3:00 pm									3:00 pm
3:30 pm		Remembering The Wild Feminine 3:00pm - 4:30pm	Spiritual Connection With Bees - Sound Healing 3:00pm - 4:30pm	Hoop, Dance, Play. 3:00pm - 4:30pm	Burlesque - The Art Of Tease 3:00pm - 4:30pm	Tension Release Exercise (TRE) 3:00pm - 4:30pm	Grounding Meditation 3:00pm - 4:30pm	Women's Goddess Circle 3:00pm - 4:30pm	3:30 pm
4:00 pm									4:00 pm
4:30 pm	Casual Tea & Chat								4:30 pm
5:00 pm									5:00 pm
5:30 pm		Boundaries, Clarity & Courage Without Guilt 5:00pm - 6:30pm	Embodied Exploration Of The Major Arcana 5:00pm - 6:30pm	Voice Of Sound Journey 5:00pm - 6:00pm	Witch Yoga 5:00pm - 6:30pm	Shamanic Womb Meditation 5:00pm - 6:30pm	Inside Eating Disorders 5:00pm - 6:30pm	Invoke Goddess Durga 5:00pm - 6:30pm	5:30 pm
6:00 pm									6:00 pm
6:30 pm									6:30 pm
7:00 pm	Soul & Soma (DJ)								7:00 pm
7:30 pm	6:45pm - 8:00pm	Healing Sounds of Qigong & Yin Yoga 7:00pm - 8:30pm	S.H.E (Sacred Heartson) Singing Circle 7:00pm - 8:30pm	The Art Of Play 6:30pm - 7:30pm	The Inner Beloved 7:00pm - 8:30pm	Supporting The Sisterhood 7:00pm - 8:30pm	Financial Freedom 7:00pm - 8:30pm	Wiccan Wheel of the Year in Australia 7:00pm - 8:30pm	7:30 pm
8:00 pm									8:00 pm
8:30 pm									8:30 pm
9:00 pm	Open Jam Session (Live music) 8:30pm - 10:00pm								9:00 pm
9:30 pm		How to Heal Yourself 9:00pm - 10:30pm	Evening Pause - Breathe, Soften, Connect. 9:00pm - 10:30pm	Ecstatic Dance by DJ Lo Tess 8:00pm - 9:15pm	Unleash Your Wild 9:00pm - 10:30pm	Queer Speed Dating 9:00pm - 10:30pm	What turns you on? An Exploration for the Erotically Curious 9:00pm - 10:30pm	Pussy Consciousness Meditation 9:00pm - 10:30pm	9:30 pm
10:00 pm									10:00 pm

* Drumming: Jacqui Dreesens 2:00pm - 2:30pm

RECONNECT • RELEASE • AWAKEN

WOMEN'S WELLBEING FESTIVAL

19 - 22 March | VIC
TAUNGURUNG COUNTRY

MARKETS • WORKSHOPS • YOGA
MUSIC • ART • HEALING

The festival acknowledges that the event is held and anchored in the unceded lands of - the Taungurung people of the Kulin Nation and offers its respects to Elders past, current & emerging.

WELCOME SISTER,
We look forward to sharing 4 wonderful days with you. Make the most of this time, allow yourself to flow with your own rhythm. Don't let your mind rush you. Let your body and heart lead your choices this weekend. Rest when you want to rest, dance when you want to dance, explore when you want to explore.

Please note this timetable is subject to change.
Please download the Seven Sisters Festival 2026 app for live changes and to view the full program. Updates will also be listed at the Info Tent.

SAFETY:
If you need any support or have onsite issues please visit the Info tent on the top of the hill or text/call the site number: **0402 494 158**.
For any emergencies please call 000 and then ensure our crew have been informed.

REMEMBER TO TAKE YOUR RUBBISH ALONGSIDE YOUR GOOD VIBES HOME WITH YOU

SEVEN SISTERS FESTIVAL- 19 - 22 MARCH 2026
THANK YOU TO EVERY HAND & HEART INVOLVED IN IT'S CREATION

FESTIVAL PROGRAM SUNDAY 22ND MARCH

Time	CHAI VILLAGE	EARTH SPACE	FIRE SPACE	HEART SPACE	SPIRIT SPACE	WATER SPACE	WIND SPACE	WOMENS CIRCLES	Time
7:00 am									7:00 am
7:30 am									7:30 am
8:00 am									8:00 am
8:30 am	Malou (DJ) 8:15am - 9:30am	The Magic Of Your Menstrual Cycle 8:30am - 10:00am	Breathe, Soften, Connect. 8:30am - 10:00am	Wu Tai Massage 8:30am - 9:30am	The Art Of Guiding Women's Circles 8:30am - 10:00am	Protecting Your Energetic Boundaries 8:30am - 10:00am	Create A Herbal First Aid Kit 8:30am - 10:00am	The 13th Rite Of The Womb 8:30am - 10:00am	8:30 am
9:00 am									9:00 am
9:30 am									9:30 am
10:00 am	Melonthaller (DJ) 9:30am - 10:45am								10:00 am
10:30 am									10:30 am
11:00 am									11:00 am
11:30 am	Open Mic Finale with Carolyn Mandersloot 11:00am - 1:00pm	Courage In Midlife 10:30am - 12:00pm	S.H.E. Sacred Heartson Singing Circle 10:30am - 12:00pm	Jungle City Dancehall 10:00am - 11:00am	Healing The Witch Wound 10:30am - 12:00pm	Attachment Styles & Relationship Dynamics 10:30am - 12:00pm	Feng Shui For Your Modern Life 10:30am - 12:00pm	How To Run A Mother Blessing 10:30am - 12:00pm	11:30 am
12:00 pm									12:00 pm
12:30 pm									12:30 pm
1:00 pm									1:00 pm
1:30 pm		Trauma-Informed Practice For Sacred Women's Work 12:30pm - 2:00pm	Reclaiming Lith: The Exiled Feminine 12:30pm - 2:00pm	Fire In The Belly (Dance) 1:00pm - 2:00pm	Remembering The Wild Feminine 12:30pm - 2:00pm	Spacial Journaling 12:30pm - 2:00pm	Thyroid & Gut Health 12:30pm - 2:00pm	Matrescence Women's Circle 12:30pm - 2:00pm	1:30 pm
2:00 pm									2:00 pm
2:30 pm									2:30 pm
3:00 pm									3:00 pm

*Seven Sisters Choir with Claire Tontt & friends 9:30am - 10:00am at the Arch on Sunset Hill

FESTIVAL PROGRAM

SATURDAY 21ST MARCH

FESTIVAL PROGRAM

FRIDAY 20TH MARCH

Time	CHAI VILLAGE	EARTH SPACE	FIRE SPACE	HEART SPACE	SPIRIT SPACE	WATER SPACE	WIND SPACE	WOMENS CIRCLES	Time
7:00 am		Fascial Freedom 7:00am - 8:00am	Zumba 7:00am - 8:00am	Soul Sister Sound Healing Journey 7:00am - 8:00am	Witch Yoga 7:00am - 8:00am	Morning YOQI® Qigong 7:00am - 8:00am	Meet Your Future Self Meditation 7:00am - 8:00am	Shamanic Womb Meditation 7:00am - 8:00am	7:00 am
7:30 am									7:30 am
8:00 am	Craft: Connection & Reflection Collage Craft Drop-in 8:00am - 11:30am								8:00 am
8:30 am		Living As Archetypal Mother 8:30am - 10:00am	Kalari Yoga: The Warrior's Flow 8:30am - 10:00am	Wu Tai Massage 8:30am - 9:30am	Healing The Witch Wound 8:30am - 10:00am	Spacial Journaling 8:30am - 10:00am	Journey to Sovereignty 8:30am - 10:00am	Matrescence Women's Circle 8:30am - 10:00am	8:30 am
9:00 am									9:00 am
9:30 am									9:30 am
10:00 am				Burlesque - The Art of Tease 10:00am - 11:00am					10:00 am
10:30 am	Isabel Rumble (Live music) 10:45am - 11:30am	Seven Wonders of Menopause 10:30am - 12:00pm	Radical Body Acceptance 10:30am - 12:00pm		The Tigress Path Experience 10:30am - 12:00pm	Post-Traumatic Growth 10:30am - 12:00pm	She Who Walks With Death 10:30am - 12:00pm	Circle Of Queer Becoming 10:30am - 12:00pm	10:30 am
11:00 am									11:00 am
11:30 am				Jungle City - DanceHall 11:30am - 12:30pm					11:30 am
12:00 pm									12:00 pm
12:30 pm									12:30 pm
1:00 pm	Maxon 12:30pm - 1:15pm								1:00 pm
1:30 pm	Craft: Macrame Crystal Necklace 1:30pm - 4:30pm	Mother Daughter Discovery Session 1:00pm - 2:30pm		Kathak Indian Classical Dance 1:30pm - 2:30pm	Clearing Inherited Trauma from the Feminine Line 1:00pm - 2:30pm	Live Your Dreams 1:00pm - 2:30pm	Releasing Resentment 1:00pm - 2:30pm	Pregnancy Loss Sculpting Circle 1:00pm - 2:30pm	1:30 pm
2:00 pm									2:00 pm
2:30 pm	Queenie van de Zandt (Live music) 2:30pm - 3:00pm		Craft: Holy Vulva Pendant 1:00pm - 4:30pm						2:30 pm
3:00 pm									3:00 pm
3:30 pm	Open Mic with Carolyn Mandersloot 3:15pm - 5:00pm	Courage In Midlife 3:00pm - 4:30pm		The Art Of Play 3:00pm - 4:00pm	Voice Activation 3:00pm - 4:30pm	Attachment Styles & Relationship Dynamics 3:00pm - 4:30pm	Women Navigating Dementia 3:00pm - 4:30pm	The 13th Rite Of The Womb 3:00pm - 4:30pm	3:30 pm
4:00 pm									4:00 pm
4:30 pm				Echoes Of Sisterhood - Sound Healing 4:30pm - 5:30pm					4:30 pm
5:00 pm			Reclaim Your Pleasure 5:00pm - 6:30pm		Queer Speed Dating 5:00pm - 6:30pm	Energising Vinyasa Flow 5:00pm - 6:30pm	Beyond The Poverty Mentality 5:00pm - 6:30pm	Women's Goddess Circle 5:00pm - 6:30pm	5:00 pm
5:30 pm	Abbey Lane (Live music) 5:30pm - 6:15pm	Rekindling Intimacy & Sex After Abuse 5:00pm - 6:30pm		Burncity Queenz 6:15pm - 6:45pm					5:30 pm
6:00 pm									6:00 pm
6:30 pm									6:30 pm
7:00 pm			Consent - Clarity, Confidence & Connection 7:00pm - 8:30pm	KATTIMONI Ft. DJ Outsider & Special Guests (DJ) 7:00pm - 7:45pm	How to Heal Yourself 7:00pm - 8:30pm	Is It Fear Or Intuition 7:00pm - 8:30pm	King For A Day 7:00pm - 8:30pm	Preconception Preparation 7:00pm - 8:30pm	7:00 pm
7:30 pm									7:30 pm
8:00 pm									8:00 pm
8:30 pm				Rosy B - Dance of Decades (DJ) 8:00pm - 9:30pm					8:30 pm
9:00 pm			WildFire Women (Sensual Somatics) 9:00pm - 10:30pm		The Tantric Kink Temple 9:00pm - 10:30pm	Women's Pleasure Movement 9:00pm - 10:30pm	Late Night Poetry 9:30pm - 11:00pm	Invoke Goddess Durga 9:00pm - 10:30pm	9:00 pm
9:30 pm									9:30 pm
10:00 pm				Tully (DJ) 9:30pm - 10:45pm					10:00 pm
10:30 pm									10:30 pm
11:00 pm									11:00 pm

*Roving: Niki LoBartolo & Stef Guminiak 4:30pm - 5:00pm at the Hammock Land, Mystique Dance: 4:30pm - 5:00pm at the Hammock Land, Mermaid Mira 2:30pm - 3:20pm at the Heart, Hoop Sparrx 11:30am - 12:00pm

Time	CHAI VILLAGE	EARTH SPACE	FIRE SPACE	HEART SPACE	SPIRIT SPACE	WATER SPACE	WIND SPACE	WOMENS CIRCLES	Time
7:00 am		Empower Your Pelvic Floor 7:00am - 8:00am	Morning YOQI® Qigong 7:00am - 8:00am	Echoes Of Sisterhood - Sound Healing 7:00am - 8:00am	Energising Vinyasa Flow 7:00am - 8:00am	Practical Pilates 7:00am - 8:00am	Embrace Your Full Expression (EFT) 7:00am - 8:00am	Women's Goddess Circle 7:00am - 8:00am	7:00 am
7:30 am									7:30 am
8:00 am									8:00 am
8:30 am		Tension Release Exercise (TRE) 8:30am - 10:00am	Spiritual Connection with Bees - Sound Healing 8:30am - 10:00am	Zumba 8:30am - 9:30am	Kalaripayattu: India's Ancient Martial Art 8:30am - 10:00am	Root to Rise Yoga 8:30am - 10:00am	Psychedelic Medicines 8:30am - 10:00am	How To Run A Mother Blessing 8:30am - 10:00am	8:30 am
9:00 am									9:00 am
9:30 am									9:30 am
10:00 am				Reclaiming Lilith: The Exiled Feminine 10:00am - 11:00am					10:00 am
10:30 am			Consent - Clarity, Confidence & Connection 10:30am - 12:00pm		Voice Activation 10:30am - 12:00pm	Dismantle Your Internalised Patriarchy 10:30am - 12:00pm	Healing Grief & Trauma 10:30am - 12:00pm	Wiccan Wheel Of The Year In Australia 10:30am - 12:00pm	10:30 am
11:00 am									11:00 am
11:30 am				Fire In The Belly (Dance) 11:30am - 12:30pm					11:30 am
12:00 pm									12:00 pm
12:30 pm									12:30 pm
1:00 pm									1:00 pm
1:30 pm		Trauma-Informed Practice For Sacred Women's Work 1:00pm - 2:30pm	Life Drawing - Be The Muse! 1:00pm - 4:30pm	Sonic Dance Journey 1:30pm - 2:30pm	The Tigress Path Experience 1:00pm - 2:30pm	Post-Traumatic Growth 1:00pm - 2:30pm	5 Superpowers for Parents Today 1:00pm - 2:30pm	Pregnancy Loss Sculpting Circle 1:00pm - 2:30pm	1:30 pm
2:00 pm									2:00 pm
2:30 pm									2:30 pm
3:00 pm				Balkan Circle Dance 3:00pm - 4:00pm					3:00 pm
3:30 pm									3:30 pm
4:00 pm									4:00 pm
4:30 pm				TBA 4:30pm - 5:30pm					4:30 pm
5:00 pm									5:00 pm
5:30 pm		Seven Wonders of Menopause 5:00pm - 6:30pm	Yoga - Emotional & Mental Balance 5:00pm - 6:30pm		WildFire Women (Sensual Somatics) 5:00pm - 6:30pm	The Art Of Guiding Women's Circles 5:00pm - 6:30pm	Transformation Through Presence 5:00pm - 6:30pm	Circle Of Queer Becoming 5:00pm - 6:30pm	5:30 pm
6:00 pm									6:00 pm
6:30 pm									6:30 pm
7:00 pm									7:00 pm
7:30 pm									7:30 pm
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10:00 pm									10:00 pm
10:30 pm									10:30 pm
11:00 pm									11:00 pm

*Roving: Niki LoBartolo & Stef Guminiak 11:45am - 12:15pm at the Hammock Land, Mystique Dance: 11:45am - 12:15pm at the Hammock Land, Mermaid Mira 11:00am - 11:50am at the Heart, Hoop Sparrx 9:00pm - 9:30pm at the Heart

*Choir: The Blenders 2:30pm - 3:00pm at the Lake